

By Inland Cosmetic Surgery

AMY AGUILAR

Nurse Practitioner

BACKGROUND

Amy graduated with her Associate Degree in nursing from Victor Valley community college in 2006. As a new graduate, she accepted a position in a Medical and Surgical Intensive care unit in their new graduate program. After working a few years, she began attending California State University, Fullerton, where she graduated with a bachelor's degree in Nursing Science in 2009.

After 9 years in the Medical and Surgical intensive care unit, she then decided to concentrate strictly on cardiac patients. She accepted a position in a cardiovascular intensive care unit, with a desire to expand her knowledge.

After a couple years of intense training and experience, Amy decided to further her education by studying at California Baptist University School of Nursing. She attended a rigorous program, where she graduated with honors with a Master's in Family Nurse Practitioner (FNP-C) in 2019. She also earned an invitation to join the Sigma Theta Tau International Honors Society of nursing. She is a nationally board-certified Family Nurse Practitioner.

After working in the Intensive Care Unit for 15 years, she desired a new experience in her nursing career. In 2020, Amy joined Inland Cosmetic Surgery Center. She enjoys the ability to utilize her extensive nursing knowledge and skills to be an integral asset and resource in her patients' transformation journey. She enjoys working with and educating patients in their elective surgical or non-surgical transformations. She enjoys the excitement of sharing the before and after experience with our patients.

PERSONAL AFFILIATIONS

- Sigma Theta Tau
- American Association of Nursing Practitioners
- California Association for Nurse Practitioners



OUTSIDE OF WORK

Amy enjoys spending time with her family. She has a 6-year-old girl who keeps her very busy. For fun, they enjoy being outside going to places such as the beach, Disneyland, the Great Wolf lodge, and the park.

She feels that being a parent is the most rewarding yet challenging thing she has ever done. She hopes to instill her strength and perseverance into her daughter. Amy feels that keeping yourself healthy and active is very important in keeping yourself young. She also feels that keeping a positive outlook on life, each day, helps one's inner self.

EDUCATION

California Baptist University

- Family Nurse Practitioner
- Master's Degree

California State University, Fullerton

- Bachelor's in Nursing Science
- Victor Valley Community College
 - Associate degree in Nursing Science