



By Inland Cosmetic Surgery

ADINA GOLDSTEIN

Nurse Practitioner/ Perioperative Registered Nurse

BACKGROUND

Adina graduated with a Bachelor's Degree in Psychology and Social Behavior from UC Irvine in 2011. She then finished a Pre-Medical Post-baccalaureate from UC Riverside and Cal State Bernardino in 2013. In 2018, she received her Bachelor's in Nursing at Azusa Pacific University and following licensing as a Registered Nurse she began working in our surgery center. Adina enthusiastically became a part of Inland Cosmetic Surgery following the completion of her Master's of Science in Nursing- Nurse Practitioner from Azusa Pacific University in 2020. She loves guiding patients through consults, preoperative appointments, in the surgery center, and post-operatively by making them feel prepared and comfortable.

EDUCATION

- Azusa Pacific University - Nurse Practitioner Master's Degree
- Azusa Pacific University - Bachelor of Science in Nursing Degree
- University of California, Riverside & Cal State San Bernardino - Pre-medical Post-baccalaureate
- University of California, Irvine - Bachelor of Arts Psychology and Social Behavior Degree

PERSONAL AFFILIATIONS

- Member of American Association of Nurse Practitioners
- Member of Sigma Theta Tau International Honor Society of Nursing

TRAINING

Advanced Nursing Clinical Practice

- Women's and Holistic Healthcare (Westlake Village, CA)
- Citrus Valley Medical Group (Eastvale, CA)
- Cardiovascular Institute (Encino, CA)
- Female OBGYN Medicine and Reconstructive Surgery (Westlake Village, CA)
- Adventist Health Simi Valley

PROCEDURES OFFERED BY ADINA:

- Neurotoxin (Botox®, Dysport®, Xeomin®)
- Facial Contouring and Rejuvenation with Fillers
- Thermi Va® - Non Surgical Vaginal Rejuvenation
- Microneedling with Platelet-Rich Plasma (PRP)



CONSULTS, PRE-OPERATIVE, AND POST-OPERATIVE CARE WITH ADINA:

- Breast Augmentation
- Breast Lift
- Breast Reduction
- Tummy Tuck
- Mommy Make-over
- Liposuction and Skin Tightening
- Brazilian Butt Lift
- Fat Transfer to Face, Breast, or Body
- Full Body Lift
- Brachioplasty
- Face lift
- Neck lift
- CO2 laser, Mixto Laser, or Chemical Peel
- Rhinoplasty
- Gynecomastia
- Chin Augmentation
- Buccal Fat Extraction
- Blepharoplasty
- Brow Lifts